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SWEET POTATO BOWLS WITH HARVEST ROASTING SEASONING

- 2 large sweet potatoes, peeled and cubed
- 2 Tbsp. olive oil
- 2 Tbsp. **Harvest Roasting Seasoning Blend**
- 2 cups cooked brown rice or quinoa
- 2 cups cooked chicken, shredded or diced
- 1 avocado, sliced
- 2 green onions, sliced, optional

Preheat oven to 425°F. Toss the sweet potatoes with olive oil and **Harvest Roasting Seasoning Blend**. Spread onto a parchment-lined baking sheet and roast for 25-30 minutes, stirring halfway through, until tender and caramelized. Divide the rice or quinoa into four bowls. Top with the roasted sweet potatoes, chicken and avocado. Garnish with green onions and serve warm. (serves 4)



•Harvest Roasting Seasoning Blend